



HOLISTIC HEMP
SCOTLAND

15% Full Spectrum
CBD Capsules

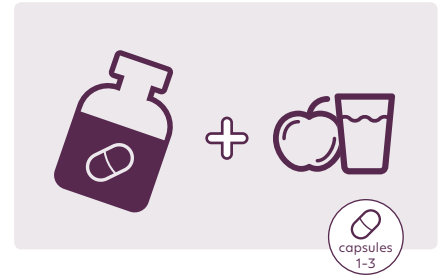
We are Holistic Hemp Scotland, dedicated to providing high quality CBD products throughout Scotland and beyond.

We work closely, and ethically, with our farmers to ensure standards are high from start to finish.

Directions For Use

Our **15% Full Spectrum CBD Capsules** have been created within the USA from high grade, organic plant material. Our CO2 extracted, water soluble formula ensures a high potency effect on the blood stream via the digestive system. This product contains 15mg of CBD per capsule.

Step One



- Take 1 - 3 capsules a day with food and drink



Read Dosage Information Before Using

All of our hemp is grown organically, and sourced from farms within the E.U. We then use CO2 extraction to create our products, as this process ensures the vitality of all compounds.

www.holistichempscotland.com

Dosage Information

Using CBD is very individual and you should therefore find the level you are comfortable with. This product is a food supplement and contains 15mg of CBD per capsule.

The recommended daily intake of CBD is 200mg.

Capsule	CBD Content	Percentage of RDA
1	15 mg	7.5 %
2	30 mg	15 %
3	45 mg	22.5 %
4	60 mg	30 %
5	75 mg	37.5 %
6	90 mg	45 %
7	105 mg	52.5 %
8	123 mg	60 %
9	138 mg	67.5 %
10	153 mg	75 %

Explanation of symbols on the packaging



Store in a cool, dry place



Keep out of reach of children



Do not take this product if you are pregnant or lactating



This food supplement should be taken as part of a varied diet and healthy lifestyle.



Do not exceed the recommended daily dose.



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